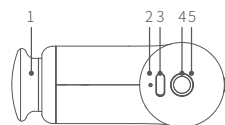


Overview

1. Flat Head (Non-removable)
2. Battery Indicator
3. Charging Port
4. Power Button (Selecting gears/Power switch)
5. Gear Indicator (Breathing light)



Flat Head
Massage flat major muscle groups on the back.



Spherical Head
Relax soft tissues and sensitive muscles.



Cone Head
Percuss deep tissues like meridians and acupoint, etc.



U-shaped Head
Massage neck (not cervical vertebrae) and tendon.

1

List

- | | |
|-----------------------------------|-----|
| ① Main Body (including flat head) | × 1 |
| ② Spherical Head | × 1 |
| ③ Cone Head | × 1 |
| ④ U-shaped Head | × 1 |
| ⑤ USB-C Cable | × 1 |
| ⑥ Manual | × 1 |



Contraindications

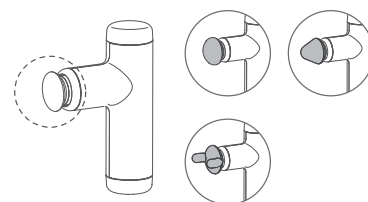
1. Cancers.
2. Metal bone anastomosis (do not use the device directly in the fracture area).
3. Osteoporosis.
4. Vein thrombosis and pulsation.
5. Hypertension.
6. Pregnant woman.
7. Varicose veins.
8. Acute inflammation.
9. Do not massage the bony area.
10. Do not massage surgical site.
11. Do not massage the cervical vertebrae and spine.
12. Kidney stones (do not use the device near the kidneys).
13. Do not massage one episode for more than 5 minutes.

5

Start to Use

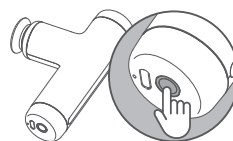
1. Massage Head Combination

The device can be used directly with the built-in massage head (flat head) on it, or combine with another one depending on your needs. See complete combination as below.



2. Power ON/OFF

Power on: Long press the power button.
Power off: Long press power button or single tap it to switch modes until the product power off.



2

Safety Instruction

1. It is recommend to massage your body after wearing dry clothes or placing a clean and dry towel on massage part, then gently press and move the device.
2. High-speed and high-pressure massage can only be used to soft tissues without feeling pain or maladjustments. Do not massage head and any skeletal sites with high speed and high pressure.
3. Massage the same part of the body with high speed and high pressure for a long time will.
4. Please keep your fingers, hair or, any other body hair away from the extendable part of the device to prevent pinching and clipping.
5. Do not discard or misuse this device.
6. Do not modify this device by yourself without permission.
7. Do not operate or charge the device when nobody was around.
8. This device is for adults only.
9. People with contraindicated symptoms should use this device with doctor's permission.

Notice

1. Make sure the massage head is not blocked by external force when the device is power on. If it is blocked, it will pause for a while and try to restart.
2. DO NOT contact the product with water or other liquid for the massage device is not waterproof.
3. DO NOT disassemble the product except marked detachable. It need send to after-sales or authorized service center to fix it if you accidentally disassemble it and cause abnormal work. The relevant costs are borne by users.
4. Prolonged continuous operation may cause the motor surface temperature to rise, please operate carefully.
5. DO NOT drop or strike the product. If the product is abnormal, contact After-sales support.

Storage and Maintenance

1. Keep the product out of the reach of children and pets.
2. DO NOT leave the product near heat sources such as a furnace or heater. DO NOT leave the product inside of a vehicle on hot days.
3. Please storage the product in a dry environment.
4. DO NOT overcharge or overuse the battery, otherwise, it will cause damage to the battery core.
5. Never use the product when the temperature is too high or too low.

6

3. Selecting Gears

Single tap power button to select gears after powering on.

Gears	Rated rotate speed (rpm)	Function
First gear	2000	Muscle arousal
Second gear	2400	Relax
Third gear	3000	Deeply massage
Fourth gear	Auto change	Intelligent massage
Power off	0	

Gears	Gear indicator (breathing light)
First gear	Blue breathing light
Second gear	Green breathing light
Third gear	Red breathing light
Fourth gear	Yellow breathing light

4. Intelligent Protection

This product has intelligent protection function. In order to prevent muscle injury caused by massaging for a long time, gear indicator will turn off (battery indicator remain) after working for 10 minutes continuously, and it can be restarted by pressing the function button. If there is no operation within 3 seconds, it will power off automatically.

- ⚠ Do not press the massage head firmly to block the motor rotation while using, otherwise it will reduce the service life of the product!

3

5. Battery Indicator

Indicator while using	Description
Constant green light	Fully charged
Green light flashes slowly	Medium level of battery
Green light flashes quickly	Low power

Indicator while charging	Description
Constant red light	Charging
Constant green light	Charge completed

6. Charging

- ⚠ Do not use it while charging.



7. Specifications

Product Name: KiCA Massage Device
Product Model: MINI-C
Operating Voltage Range: 7.1V~8.4V
Operating Temperature Range: 0°C~+40°C
Charging Temperature Range: 0°C~+40°C
Battery Capacity: 1300mAh
Charging Time: >2 Hours
Weight: 213g
Size: 88.2×35×128mm
Theoretical Battery Life: About 7 Hours (Test in lab environment under the first gear with flat head)

4

Precautions when discarding the product

The lithium ion battery used by the product is a recyclable and renewable valuable resource. When discarding it, please have it handled by a professional agency that can recycle chargeable batteries. Before discarding the product, power it off and take the lithium ion battery out from it following the steps below. The battery is to be disposed of safely.

1. Disassemble the top housing with help of a professional tool.
2. Pull out the batter terminals from the PCBA.
3. Use a professional cutter to cut off the bottom housing and then take out the battery.

Find More Features



Website



Youtube

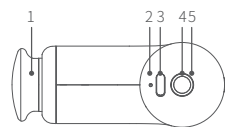


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7

产品概览

1. 平头 (不可拆卸)
2. 电源指示灯
3. 充电接口
4. 电源键 (档位切换/电源开关)
5. 档位指示灯 (呼吸灯)



平头
按摩腰背平型大肌群

球头
放松软组织及敏感肌群

圆锥头
冲击深层组织, 如经络、穴位等

U型头
按摩颈部 (非颈椎) 与跟腱处

清单

- ① 主机(含平头) ×1
- ② 球头 ×1
- ③ 圆锥头 ×1
- ④ U型头 ×1
- ⑤ Type-C 充电线 ×1
- ⑥ 说明书 ×1



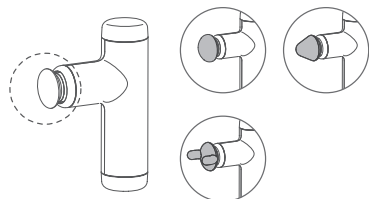
禁忌

1. 禁止癌症患者使用
2. 禁止接受金属骨钉内固定术的患者使用 (禁止直接在骨折部位使用)
3. 禁止骨质疏松患者使用
4. 禁止静脉曲张和搏动患者使用
5. 禁止高血压患者使用
6. 禁止孕妇使用
7. 禁止静脉曲张患者使用
8. 禁止急性炎症患者使用
9. 禁止按摩骨部位
10. 禁止在术后部位使用
11. 禁止直接按摩颈椎、脊椎
12. 谨慎给肾结石患者使用 (不要靠近肾脏区域)
13. 按摩同一个部位, 不要超过5分钟

产品使用

1. 组合按摩头

筋膜枪自带按摩头 (平头), 可独立使用; 也可根据需求将按摩头组合使用, 安装效果如下图。



2. 开机/关机

开机: 长按电源键。
关机: 长按电源键。或单击电源键, 切换档位至关机。



3. 档位切换

开机后, 单击电源键可依次切换档位。

档位	额定转速 (转/分钟)	功能
一档	2000	唤醒肌肉
二档	2400	按摩放松
三档	3000	深度按摩
四档	智能变速	智能按摩
关机档	0	

档位	档位指示灯 (呼吸灯)
一档	蓝灯呼吸
二档	绿灯呼吸
三档	红灯呼吸
四档	黄灯呼吸

4. 智能保护

本机具有智能保护功能。为防止长时间按摩肌肉受到损伤, 连续工作10分钟档位指示灯会熄灭, 保持电源指示灯状态, 3秒内单击电源键进入一档重新计时, 无操作则自动关机。

⚠ 使用时, 请勿强力按压按摩头阻碍电机转动, 否则会降低设备使用寿命!

存储和保养

1. 请将本产品存放在儿童及宠物接触不到的地方。
2. 禁止将本产品放在靠近热源 (火炉或加热器等) 的地方以及置于热热的汽车内。
3. 请在干燥的环境中存储。
4. 切勿过充、过放电池, 否则将对电芯造成损害。
5. 切勿在温度太高或太低的环境下使用本产品。

产品废弃时注意事项

本产品所用的电池是可回收再生资源。请在废弃时交给可进行充电式电池回收再生处理的专业机构进行处理。在废弃器具前, 必须将电池从器具中取出。在取出电池时, 器具必须断电。电池应安全地处置。取出步骤:

1. 用专业工具将开关盖板撬开。
2. 将电池引线端子从主板拔出。
3. 再用专业铁剪将外壳剪开, 取出电池。

解锁更多玩法



微信小程序



抖音



微信



微博



快手

说明书内容如有更新, 恕不另行通知。
如对本内容有任何疑问或建议, 可通过以下方式联系我们。

制造商: 桂林飞宇科技股份有限公司
网址: www.kica-tech.com
电话: 400-990-6118/0773-2320865
邮箱: service@kica-tech.com

5. 电源指示灯

使用中电量指示	描述
绿灯常亮	满电
绿灯慢闪	中电量
绿灯快闪	低电量

充电指示	描述
红灯常亮	充电中
绿灯常亮	充电完成

6. 充电

⚠ 禁止充电时使用。



7. 参数

产品名称: KiCA筋膜枪
产品型号: MINI-C
工作电压范围: 7.1V~8.4V
工作温度范围: 0°C~+40°C
充电温度范围: 0°C~+40°C
电池容量: 1300mAh
充电时长: >2小时
主机重量: 213g
产品尺寸: 88.2×35×128mm
理论续航时长: 约7小时 (实验室环境平头一档测试)

售后服务卡 / Warranty Card

产品型号
Product Model

序列号
Serial Number

购买日期
Purchase Date

客户姓名
Customer Name

客户电话
Customer Tel

客户邮箱
Customer Email

保修范围:
(1) 自购买之日起, 产品主体在1年内, 产品在正常使用情况下出现非人为的性能故障。
(2) 无擅自拆卸、无擅自改装或加装产品、其它非人为引起的故障。
(3) 可提供维修服务凭证: 保修卡, 正规发票, 单据或购买截图。

以下情况不在保修范围内:
(1) 不能提供正规购买凭证和填写详细信息的保修卡。
(2) 人为或不可抗力因素造成的损害。
(3) 本公司的保留对以上售后条款和限制进行最终解释的权利。

Warranty:
(1) Within one year from the date of selling, the product is malfunctioning under normal due to non-artificial reasons.
(2) The malfunction of the product is not caused by artificial reasons such as unauthorized disassembly or conversion or addition.
(3) The buyer is able to provide the certificate of maintenance service: the warranty card, the legitimate receipts, invoices, or screenshot of purchasing.

The followings cases are not included under the warranty:
(1) Unable to provide legitimate receipt and warranty card with buyer's info.
(2) The damage caused by human or irresistible factor.
More details about after-sales policy, please refer to after-sales page on website: <https://www.kica-tech.com/en/support>

* Our company reserves the right of final interpretation on the above-mentioned after sales terms and limitations.

合格证 QUALIFIED CERTIFICATE	检验员 Checker 生产日期 Production Date	QC PASS
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